Last updated 31 July 2023





Getting Ahead in My Career



Will I have enough to pay for my <u>essential needs?</u>

How can I plan for my career?

Just ask me!

MAKING LIFE'S JOURNEY BETTER

No matter which stage of life you are at – getting married, starting a family, caring for elderly parents, looking for a new job or planning for retirement – the right support and assistance can make life's journey a little smoother.

In this series of e-booklets, you'll find quick tips and a broad overview of government policies and schemes related to life issues like healthcare, housing, transport, lifelong learning and livelihood so that you are better informed to begin the next stage in life, tackle unexpected challenges and discover suitable opportunities to get ahead.

There are three e-booklets in this series:

Caring For My Family Getting Ahead in My Career Caring for Our Seniors

Download the latest copy of the AKK e-booklets on our PA website at <u>go.gov.sg/akkbooklets</u>!



ASK KOPI KAKIS!

Ken and his *Kakis** are well-known in the neighbourhood for their friendly smiles and cheerful talk that puts everyone at ease. Ken keeps everyone updated on the latest happenings, and if you need help, he is the person to go to. He is reliable and knows all the lobang, tips and contacts that can help you kickstart each stage of your life with useful knowledge and advice. He even provides a quick and simple sharing about government schemes that you can benefit from!



Like everyone else, Ken has encountered setbacks in life, but he knows from experience that there are many helping hands out there, who are like his trusted kakis. You just need to know where to go and who to ask. So if you need help and support, just ask Ken and his kakis!

* Kakis - Slang/colloquial for good friends

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Explore Your Career Options Pg 4 - 6



This section provides an overview on the support you need to explore your career options:

- SkillsFuture
- Skills Framework
- Career Starter Programme



PLANNING FOR YOUR CAREER

Explore your options



Besides career guidance in schools, there are many programmes and schemes to help students like me make **informed choices**.

SkillsFuture: Strengthening Education & Career Guidance

• Structured and comprehensive system to equip students as well as adults with the necessary knowledge, skills and values to make better education and career choices.

Skills Framework

- Students can use the Skills Framework to:
 - 1. Determine their choice of study.
 - 2. Make informed decisions on career choice before applying for the jobs.
 - 3. Prepare job applications and interviews.

SkillsFuture: Enhanced Internships

• Collaborations with industry partners to provide ITE and polytechnic students with meaningful internships, so they are prepared for the workplace.

SkillsFuture Work-Study Programmes

• Co-developed and co-delivered by Institutes of Higher Learning and partner companies, SkillsFuture Work-Study Programmes combine structured on-the-job training and institutional learning at the Certificate, Diploma, Post-Diploma and Degree levels.

SSG: 6785 5785 🕓

www.skillsfuture.gov.sg/workstudy www.skillsfuture.gov.sg/skills-framework www.skillsfuture.gov.sg/enhancedinternships



Career Starter Programme

- Targeted support for graduating ITE and polytechnic students to guide them in their job search.
- Students can access the Career Starter Pack online, attend interactive workshops to sharpen their job search strategies and skills and receive career guidance.

WSG: 6883 5885 go.gov.sg/career-starter

Global Ready Talent Programme

- Local and overseas work opportunities and internships in Southeast Asia, China and India to help students from Institutes of Higher Learning and young Singaporeans excel on the global stage.
- Supports Singapore firms with their local and overseas expansion.

Enterprise Singapore: 6898 1800 & www.beglobalready.gov.sg

Singapore Global Executive Programme

- Structured talent development programme with high-growth local companies.
- For fresh graduates or employees with less than three years of work experience.

Enterprise Singapore: 6898 1800 S

www.enterprisesg.gov.sg/SGEP

SG Enable Internship Programme

• Internship opportunities for students with disabilities who are currently studying in Institutes of Higher Learning such as universities and polytechnics.



go.gov.sg/ihltowork









Help For Your Job Search Pg 7 - 9

We are ready to begin our job search. Where should we start?

This section shows you how to start your job search using these platforms:

- MyCareersFuture
- Career Services
- SGUnited Jobs and Skills Placement Partners Initiative



DEVELOPING YOUR CAREER

Resources to help you with your job search

I'm ready to begin my **job search**. Where can I start?

Searching for a job that suits you is now easier with these online portals!



MyCareersFuture

• An online portal for local jobseekers to search for jobs based on their skills, with features such as job matching and filtering based on employment type and government support.

WSG: 6883 5885 🗞 www.mycareersfuture.gov.sg 🗉

Workipedia by MyCareersFuture

• An online career resource with essential knowledge and tools, including expert insights on job search strategies, career development, talent acquisition strategies, and more.

WSG: 6883 5885 % go.gov.sg/wsg-content

Career Services

Visit any of these centres to get guidance and advice if you are searching for a job, looking to re-enter the workforce, considering a career switch or currently in employment and looking to develop longer term career goals:

- WSG's Careers Connect @ Paya Lebar, Tampines and Woodlands.
- NTUC's e2i centres.
- Career Matching Providers (By appointment only).
- Careers Connect On-the-Go.
- SGUnited Jobs and Skills Centres located at HDB towns where you can speak to a Career Ambassador and get tips and advice on how to kickstart your job search.

WSG: 6883 5885 go.gov.sg/career-centres 📳 e2i: 6474 0606 % go.gov.sg/e2icareercoach 🕘



Volunteer Career Advisors

• Singaporeans can receive peer support and career advice from industry professionals appointed by WSG to help them better navigate their career pathways.

Career Grit

• A structured job search guide that provides support tailored to your career needs, empowering you to navigate through resources to achieve long-term career success.

SGUnited Jobs and Skills Placement Partners Initiative

• Approach WSG's panel of appointed employment agencies if you are aged 40 and above, have been unemployed for six months or more, or a person with disability, for assistance in job placements and attachments.

WSG: 6883 5885 & go.gov.sg/sgujsppi

WSG: 6883 5885 go.gov.sg/vcai 🔋

WSG: 6883 5885 🕓

go.gov.sg/careergrit-resource







Managing Your Finances Pg 10 - 15



This section shares tips on how to manage your finances better:

- Saving with Central **Provident Fund (CPF)**
- Progressive Wage Model
- Workfare Transport **Concession (WTC) Card**



GETTING YOUR FINANCES TOGETHER

Tips on healthcare, retirement and more

Saving with Central Provident Fund (CPF)

What is CPF?

CPF is a key pillar of Singapore's social security system that enables Singapore Citizens and Permanent Residents to have a secure retirement through lifelong income, healthcare financing, and home financing.

How much do working adults contribute to their CPF accounts?

Both employees and employers are required to make monthly CPF contributions based on the allocation table below.

Employee's Age	Contribution Rates from 1 January 2023 (for monthly wages > \$750)			
(years)	By employer (% of wage)	By employee (% of wage)	Total (% of wage)	
55 and below	17	20	37	
Above 55 to 60	14.5	15	29.5	
Above 60 to 65	11	9.5	20.5	
Above 65 to 70	8.5	7	15.5	
Above 70	7.5	5	12.5	

CPFB: 1800 227 1188 🕓

www.cpf.gov.sg

Which Accounts Do Our CPF Contributions Go Into?

Type of Account	Ordinary Account (OA)	Special Account (SA)	MediSave Account (MA)		
Interest	2.5% per annum*	4% per annum [•]	4% per annum		
Interest Rates	 Earn up to 5% per annum* if you are below 55. Earn up to 6% per annum* if you are 55 and older. 				
Uses	For retirement, housing, insurance and investment	For old age and investment in retirement-related financial products	For hospitalisation expens and approved medical insurance		
	<text><text><list-item><list-item><list-item></list-item></list-item></list-item></text></text>	 CPF Retirement Sum Topping-Up Scheme (RSTU) Helps you grow your retirement savings and that of your loved ones through higher monthly payouts and/ or extended payout duration. Make a CPF transfer or cash top-up to your own and/or your loved ones' SA (below 55) up to the current Full Retirement Sum (FRS), or Retirement Accounts (RA) (above 55) up to the Enhanced Retirement Sum (ERS). Enjoy tax relief of up to \$16,000 for cash top-ups made to yourself and/or your loved ones each calendar year. To find out how much cash top-ups and CPF transfers you can make to yourself and your loved ones, please scan the QR code below: 	 MediSave Helps to pay healthcare needs for you and your loved ones. MediShield Life Protects against large medical bills, regardless of age or health condition. Integrated Shield Plan (IP) Supplementary coverage that pays for your private hospitalisation plans (cove Type A and B) wards in public or private hospitals) Combines MediShield Life with an additional private insurance coverage component provided by a private insurer. Premium payable by MediSave up to prevailing limits, any excess will have to be paid in cash. CareShield Life Insurance scheme that provides monthly cash payouts in the event of severe disability and if long-term care is require Contribute-As-You-Earn (CAYE) Helps self-employed persons (SEPs) contribute to their MediSave as and when they receive service payments. SEPs who make MediSave contributions under CAYE in 2020 and 2021 will receive a dollar-for-dollar matched MediSave contribution from the Government, up to \$600 across both years. 		

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Helping more middle-income earners save more CPF

Increase in CPF monthly salary ceiling

From 2023 to 2026, the CPF monthly salary ceiling will be progressively increased from the current ceiling of \$6,000 to \$8,000 over **four gradual steps**, which will give both employers and employees time to adjust to the new regulations. The CPF annual salary ceiling of \$102,000 remains unchanged.

- This means that employees whose monthly salary exceeds \$6,000 will receive more CPF contributions due to the increased limit. This would also mean that a greater proportion of your salary will be allocated towards your CPF savings.
- Additionally, employers will also be required to contribute on a higher amount resulting in more CPF saving for your retirement needs.

	CPF monthly salary ceiling	CPF annual salary ceiling
Current	\$6,000	
From 1 September 2023	\$6,300	
From 1 January 2024	\$6,800	\$102,000
From 1 January 2025	\$7,400	
From 1 January 2026	\$8,000	

• While the increased monthly salary ceiling may result in a lower take-home pay, this allows more middle income CPF members to save more with CPF and help with their future needs.



Save more for your retirement



Supplementary Retirement Scheme (SRS)

- Voluntary scheme to encourage individuals to save for retirement, over and above CPF savings.
- Contributions to SRS are eligible for tax relief.

IRAS: 1800 356 8300 🗞 www.iras.gov.sg 🔋

Support for Older and Low-Income Workers



To enable older workers to continue working if they wish to, the Retirement Age will be raised from 62 to 65 and the Re-employment Age will be raised from 67 to 70 by 2030.

Workfare Income Supplement Scheme (WIS)

• Boosts income and retirement savings of eligible workers and self-employed persons (SEPs) through cash and CPF payments.

From 1 Jan 2023,

- Eligible employees can receive up to \$4,200 while self-employed persons can receive up to \$2,800 per year.
- Workers earning not more than \$2,500/month can qualify, up from \$2,300/month.
- Younger workers between 30 and 34 years old will benefit, in addition to workers aged 35 and above.
- All Persons with Disabilities (PwDs) will qualify for the highest payout tier, regardless of age.

Progressive Wage Model (PWM)

- Helps to increase wages of workers through upgrading skills and improving productivity.
- As of March 2023, PWM has been implemented in six sectors with the latest being the Food Services sector, as well as for workers in the Administrator and Driver occupations. By July 2023, PWM will also be implemented for the Waste Management sector.

MOM: 6438 5122 S go.gov.sg/pwm

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WIS: 1800 227 1188 🕓

www.cpf.gov.sg/wis

Workfare Skills Support Scheme

- Supports lower-wage workers who earn a gross monthly income of not more than \$2,500, in areas of training that are likely to lead to better jobs.*
- Those eligible will receive a Training Allowance and/or Training Commitment Award after completing the selected courses and meeting the required conditions.

*From 1 July 2023.

WSS: 1800 536 8333 go.gov.sg/wss-scheme

Workfare Transport Concession (WTC) Card

- WIS recipients aged between 30 and 60 years old can apply for the WTC card to enjoy up to 30% discount off adult fares.
- WTC cardholders have the option of buying a Monthly Concession Pass with unlimited basic bus and train rides at \$128 per month.
- WIS recipients who are 60 years old and above should apply for the PAssion Silver Concession Card to enjoy higher concessions.

SimplyGo: 1800 225 5663 🕓

www.simplygo.com.sg 🕘







Building Your Career Pg 16 - 18



Hi Ken, can you guide us on how we can build our careers?

Definitely! In this section you can find out about the programmes that help you to reskill and grow your careers:

- Career Conversion Programmes
- Career Restarter
- SGUnited Mid-Career Pathways Programme



BUILDING YOUR CAREER

Adapt to changing demands

There are support programmes that help you adapt to changing job demands and grow your careers. Reskill and stay employable, so that you can build new careers!



Career Conversion Programmes (CCP)

Targeted at local mid-career switchers to undergo skills conversion and move into new occupations or sectors that have good prospects and opportunities for progression.

There are 3 modes:

- Place-and-Train Be hired by a participating employer before undergoing training to take on a new job role.
- Attach-and-Train

Be provided with training and work attachments, prior to job placement, through industry partners in growth sectors with good future job opportunities.

Redeployment/Job Redesign Reskilling

Be provided with reskilling to take on new job roles or redesigned job roles within the same company, if at risk of redundancy or in vulnerable jobs due to the company undergoing business transformation.

WSG: 6883 5885 🗞 go.gov.sg/ccpindividual 🗈

Career Trial

Gain job experience through a short-term trial to be assessed for employment paying at least \$1,500/month for full-time positions or \$750/month for part-time positions.

WSG: 6883 5885 🌭 go.gov.sg/careertrial-jobseeker 🔋



Career Restarter

- A set of resources specially curated to help Singaporeans bounce back from retrenchment.
- These include self-help resources like videos, articles, assistance schemes and options to sign up for workshops and one-to-one career coaching.

WSG: 6883 5885 go.gov.sg/career-restarter

SkillsFuture Career Transition Programme

- Designed for Singaporean mid-careerists, the place-and-train programme supports individuals in acquiring industry-relevant skills to improve employability and pivot to new sectors or new roles.
- Receive up to 70% course fees subsidies.
- Those aged 40 years old and above will receive enhanced funding subsidy of up to 90% of course fees.
- Jobseekers with greater needs will get an additional course fee funding support of up to 95% of course fees.

SSG: 6785 5785 www.skillsfuture.gov.sg/sctp

SGUnited Mid-Career Pathways Programme

- Mature mid-career individuals aged 40 and above can embark on industry-relevant attachment programmes lasting up to six months with approved host organisations to gain industry-relevant experience, develop new skills, and boost their employability.
- Mature individuals will receive training allowances of up to \$3,800/month for attachments lasting between four to six months. Government co-funds 70% of training allowance.
- Conversion to full-time employment if performance is deemed satisfactory during the attachment.

WSG: 6883 5885 📎

go.gov.sg/mid-careerpp

SGUnited Jobs and Skills Info Kiosk

• A roaming physical kiosk and also virtual site to learn more about WSG's job search support, career advisory services and assistance with career transitions at different stages of your career journey.

WSG: 6883 5885 🗞 www.sgunitedjobsandskills.sg 🗉







Upgrade Your Skills To Stay Relevant Pg 19 - 22

This section gives you insights on how to upgrade and gain new skills for your current job or for a new career:

- SkillsFuture Credit
- SkillsFuture Mid-Career Support Package
- SkillsFuture Qualification Award

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ADOPTING LIFELONG LEARNING

Upgrade your skills to stay relevant

How can I keep learning to improve my **employability**?

No matter where you are in life – early in your career, mid-way, or in your silver years – you will find a variety of resources that can help you gain mastery in your current job or even gain new skills for a better career.

SkillsFuture Credit

- \$500 opening credit (with no expiry date) in 2015 to all Singaporeans aged 25 and above to take ownership of their skills development and lifelong learning via a wide range of approved work skill-related courses.
- One-off top-up of \$500 (expiring on 31 Dec 2025) in 2020 to all Singaporeans aged 25 and above as at 31 December 2020 to support continued learning.





SSG: 6785 5785 🕓

www.skillsfuture.gov.sg/credit

SkillsFuture Mid-Career Support Package

The SkillsFuture Mid-Career Support Package aims to create more career transition opportunities for locals in their 40s to 50s and help them remain employable.

- Reskilling Programmes
 - More Career Conversion Programme, SkillsFuture Career Transition Programmes by Continuing Education and Training (CET) centres and sector-specific programmes for mid-career workers.
- Additional SkillsFuture Credit (Mid-Career Support)
 - All Singaporeans aged 40 to 60 as at 31 December 2020 were given an additional oneoff SkillsFuture Credit of \$500 in 2020 which can be used for courses delivered by SSGappointed CET centres, courses that fulfill training requirements for PWM sectors and full qualifications programme delivered by Institutes of Higher Learnings.
 - The unused top-up will expire on 31 December 2025.

MySkillsFuture

• Offers Singaporeans a one-stop portal to make informed learning and career choices, so that they can pursue their skills and career development throughout their lives.

Skills and Training Advisory Services

• A free 30- to 45-minute one-to-one consultation that will guide you to identify skills and training needs to support your career goals, transition, or progression.

SSG: 6785 5785 go.gov.sg/myskillsfuture-sta

www.MySkillsFuture.gov.sg

WSG: 6883 5885 go.gov.sg/vcai-app 📳

SSG: 6785 5785 🕓

SSG: 6785 5785 🕓

www.skillsfuture.gov.sg

SkillsFuture Advice

• A 45- to 60-minute workshop session that provides useful information on SkillsFuture programmes and resources that you can tap on for your career planning and skills upgrading needs.

SSG: 6785 5785 S www.skillsfuture.gov.sg/advice

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SkillsFuture Fellowship Scheme

• \$10,000 cash awards for selected mid-career Singapore Citizens to be used for a range of education and training options to help them achieve mastery in their fields.

SkillsFuture Mid-Career Enhanced Subsidy

• Singaporeans aged 40 and above will enjoy higher subsidies of up to 90% of programme cost for MOE-funded and SSG-supported courses.

Digital Work-Learn Scheme

• Eligible full-time national servicemen (NSFs) can receive accredited training and education in areas of software development, cloud development and artificial intelligence.

NS Call Centre: 1800-367-6767 & go.gov.sg/mnddigispec

SSG: 6785 5785 🕓

www.skillsfuture.gov.sg









Supporting SMEs And Enterprises Pg 23 - 27



- GoBusiness
- Enterprise Development Grant
- Progressive Wage Credit Scheme



SUPPORTING OUR SMEs AND ENTERPRISES

SME Centres

• 11 centres located islandwide for business owners to connect with experienced business advisors offering one-on-one advisory, capability workshops and group-based upgrading projects.

Enterprise Singapore: 6898 1800 & www.enterprisesg.gov.sg

GoBusiness

• Online platform to connect business owners to various Government e-services and resources, e.g. applying for business registration, applying for licenses and grants, personalised help and recommendations for business with e-Advisers, etc.

www.gobusiness.gov.sg

Job Redesign

- Companies can leverage on sector-specific job redesign solutions to improve business processes and overall work performance.
- Employers will be able to reskill their employees and have them take on higher job functions.







Enterprise Development Grant

- Helps companies upgrade business capabilities, innovate or venture overseas under the three key pillars:
 - Core capabilities help businesses strengthen their business foundations beyond basic functions
 - Innovation and Productivity help companies explore new areas of growth, or look for ways to enhance efficiency
 - Market Access support companies willing and ready to venture overseas
- From 1 April 2023, eligible companies can receive up to 50% funding support (sustainability-related projects may be supported at up to 70% from 1 April 2023 to 31 March 2026).

Enterprise Singapore: 6898 1800 Swww.enterprisesg.gov.sg/EDG

SMEs Go Digital

• Helps SMEs use technologies and build stronger digital capabilities to seize growth opportunities in the digital economy.



Heartlands Go Digital

• Provides businesses in the heartlands with affordable solutions to help kickstart their digital journey and boost capabilities.





Supporting our SMEs and Enterprises



The COVID-19 situation has impacted many businesses, jobs and livelihoods. Affected businesses and individuals may benefit from the following schemes which provide relief and financial support during this time.

Progressive Wage Credit Scheme (PWCS)

- Provides transitional wage support to employers to adjust to mandatory wage increases for lower-wage workers covered by the Progressive Wage and Local Qualifying Salary requirements, and encourage employers to voluntarily raise wages of lower-wage workers.
- This year, the Government has increased the PWCS co-funding share for 2023:
 - From 50% to 75% for wages up to \$2,500
 - From 30% to 45% for wages above \$2,500 and up to \$3,000

Enabling Employment Credit

- Provides up to 20% wage offset to support the employment of Persons with Disabilities (PwDs).
- Employers who hire a PwD who has not been in employment for the past six months will receive an additional wage offset of up to 20% for the first nine months of employment.

Place-and-Train and Attach-and-Train Programmes for Persons with Disabilities (PwDs)

These programmes offer funding support to inclusive employers and aim to encourage them to provide job and training opportunities for persons with disabilities.

- Place-and-train: Employers will receive 90% salary support and 90% course fee subsidy for up to a year.
- Attach-and-Train: Employers receive 87.5% of training allowance and 90% course fee subsidy for up to a year.

Productivity Solutions Grant

- Helps companies adopt technology solutions and equipment to improve productivity and enhance business processes.
- Eligible companies can receive maximum support level of up to 50%.

Enterprise Singapore: 6898 1800 Swww.enterprisesg.gov.sg/PSG

IRAS: 6351 3390 Solution go.gov.sg/pwcs



SkillsFuture Enterprise Credit

• Supports eligible employers with a one-off \$10,000 credit to cover up to 90% out of pocket expenses to invest in enterprise capability development and workforce transformation programmes.

Enterprise Singapore: 6898 1800 S www.enterprisesg.gov.sg/SFEC

Find out about the various forms of support for persons with disabilities at

www.enablingguide.sg/im-looking-tordisability-support/introduction or email: employment@sgenable.sg







Tax Reliefs Pg 28 - 30

section:

Relief

Find out about the tax reliefs

you may be eligible for in this

• Parent/Qualifying Child/

• Working Mother's Child

• CPF Cash Top-up Relief

Spouse Reliefs

Hi Ken, what support is there for us working parents?



ENJOYING ADDITIONAL SUPPORT

Tax Reliefs and Rebates*

*A personal income tax relief cap of \$80,000 applies to the total amount of all tax reliefs claimed for each Year of Assessment.

Parent Relief/Handicapped Parent Relief

- Individuals can claim either \$5,500 or \$9,000* for supporting their parents, grandparents, parents-in-law or grandparents-in-law, if the dependant does not have an annual income exceeding \$4,000 in the previous year..
- Individuals may claim either \$10,000 or \$14,000* if their dependant is handicapped. Individuals can share the relief based on an agreed apportionment.

*If they are living in the same household.

Qualifying Child Relief (QCR)/Handicapped Child Relief (HCR)

- Claim \$4,000 tax relief per child who is below 16 years old or studying full-time, and does not have an annual income exceeding \$4,000 in the previous year. Parents supporting a handicapped child can receive \$7,500 tax relief per child.
- Parents can share the QCR/HCR based on an agreed apportionment.

Spouse Relief/Handicapped Spouse Relief

• Claim \$2,000 tax relief if your spouse does not have an annual income exceeding \$4,000 in the previous year and \$5,500 if your spouse is handicapped.

Handicapped Brother/Sister Relief

- Claim \$5,500 tax relief for each handicapped sibling or sibling-in-law if you have incurred at least \$2,000 to support them in the previous year.
- Individuals can share the relief based on an agreed apportionment.

Working Mother's Child Relief (WMCR)

- Working mothers (married, divorced or widowed) can claim tax relief of between 15% to 25% of her earned income per qualifying Singaporean child born or adopted before 1 January 2024, depending on the birth order of the child.
- The WMCR will be changed from a percentage of the eligible mother's earned income to a fixed dollar tax relief for qualifying children born or adopted on or after 1 January 2024 (i.e. with effect from Year of Assessment 2025).
- WMCR plus QCR / HCR is capped at \$50,000 per child.
- More information on the adjustments to the WMCR can be found at: <u>go.gov.sg/mp2023enhanced-infographic</u>.



Tax Reliefs

NSman Relief (Self, Wife and Parent)

• Between \$1,500 and \$5,000 for NSmen and \$750 for wives and parents, based on whether national service activities were performed in the previous work year (i.e. from 1 Apr to 31 Mar).

Tax reliefs granted last year will automatically be granted this year.



With these **tax reliefs**, I'll have more savings for my family!

Earned Income Relief

- Receive relief between \$1,000 to \$8,000 depending on your age if you have earned taxable income from employment, pension or trade in the previous year.
- Handicapped working persons can receive higher relief between \$4,000 to \$12,000.

CPF Relief for Self-Employed Persons

- Tax relief on mandatory and voluntary CPF contributions is the lower of:
 - 37% of assessable income
 - CPF Annual Limit of \$37,740

Course Fees Relief

- For courses attended to upgrade skills and enhance employability.
- Claim up to \$5,500 of course fees incurred each year, regardless of the number of courses, seminars or conferences you have attended.

CPF Cash Top-Up Relief

- For topping up your own CPF Special/Retirement/MediSave Account or those of your loved ones.
- Receive up to \$16,000 relief per year (maximum \$8,000 for self and maximum \$8,000 for family members^{*}).

*Spouse/Siblings must not have an annual income of more than \$4,000 in the year preceding the year of top-up.

Life Insurance Relief

- For individuals with total compulsory employee's CPF contribution and compulsory Medisave/ voluntary CPF contribution as a self-employed individual of less than \$5,000 in 2022 and paid for their own/spouse's life insurance policy in 2022.
- Claim the lower of:
 - the difference between \$5,000 and the total CPF contribution; or
 - up to 7% of the insured value of your own/spouse's life, or
 - the amount of the insurance premiums paid.

IRAS: 1800 356 8300 🗞 www.iras.gov.sg 🗉

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USEFUL NUMBERS

CPFB (Central Provident Fund Board)Workfare Income Supplement Scheme	1800 227 1188	www.cpf.gov.sg www.cpf.gov.sg/wis
e2i (Employment and Employability Institute)	6474 0606	www.e2i.com.sg
Enterprise Singapore	6898 1800	www.enterprisesg.gov.sg
IMDA (Infocomm Media Development Authority)	6377 3800	www.imda.gov.sg
IRAS (Inland Revenue Authority of Singapore)	1800 356 8300	www.iras.gov.sg
MOH (Ministry of Health)	6325 9220	www.moh.gov.sg
MediShield Life	1800 222 3399	www.medishieldlife.sg
MOM (Ministry of Manpower)	6438 5122	www.mom.gov.sg
MSF (Ministry of Social and Family Development)	6355 6388	www.msf.gov.sg
NTUC Learning Hub	6336 5482	www.ntuclearninghub.com
SG Enable	1800 8585 885	www.sgenable.sg
SimplyGo	1800 225 5663	www.simplygo.com.sg
SSG (SkillsFuture Singapore)	6785 5785	www.skillsfuture.gov.sg
 WSG (Workforce Singapore) SGUnited Jobs and Skills Placement Partners Initiative 	6883 5885	www.wsg.gov.sg go.gov.sg/sgujsppi
Workfare Skills Support Scheme	1800 536 8333	go.gov.sg/wss-scheme

Information compiled by People & Government Engagement Division, People's Association. For more information, please contact the relevant agencies as listed above.

