

Annex A

PA Course & Interest Group Category-specific Safe Management Measures (SMMs)

- For PA Trainers/Operators/IG Leaders' compliance

With effect from 29 August 2022

Issued by Lifeskills & Lifestyle Division, People's Association

Agenda

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1. Overview of PA Course & Interest Group category-specific guidelines

All PA Trainers/Operators & Interest Group Leaders (IGLs) are to read this section carefully before proceeding to other sections.

- I. The category-specific SMM guidelines are updated to align with 5 core parameters** (Group size, Safe-distancing, Capacity Limits, Mask-wearing and workplace requirements) applicable to all PA organised physical classes/activities, including activities happening during interest group sessions and events, and also physical components of hybrid/blended courses/interest group sessions and events, organised/led by PA Trainers/Operators/IGLs.
- II. From 26 Apr 2022, the Vaccination-Differentiated SMMs (VDS) will be removed for all PA organised physical classes/activities with less than 500pax, and Workforce Vaccination Measures (WVM) has also been lifted. Operators have the flexibility to continue implementing vaccination-differentiated requirements for their trainers for workplace health and safety and business continuity reasons, and in accordance with the employment law.**
- III. For avoidance of doubt, declaration of vaccination status is still required for all PA Trainers/Operators. Any PA Trainer/Operator whom have yet to declare your/your employees' vaccination status are to do so if you wish to resume physical classes. Else, your registration status will continue to be suspended, and PA reserves the right to not renew your registration, or not approve your application for renewal.**
- IV. All trainers (including trainers from PA operators/vendors offering similar activities) and interest group leaders (IGLs) are responsible for the compliance of prevailing SMMs, regulations under the Infectious Diseases Act and control orders under the COVID-19 (Temporary Measures) Act 2020.**
- V. PA reserves the right to suspend the class/activity conducted by the non-compliant trainer/operator/IGL until further notice.**
- VI. This SMM guide will be revised from time to time, in view of national/sector SMM updates and/or PA's internal considerations. Please refer to the last page for useful links on national/sectorial guidelines/updates.**
- VII. For clarifications on the SMMs or for the latest version, please approach the PA staff (e.g., CC staff) in charge of your class/activity or email PA_Talent_Times@pa.gov.sg.**

2. Key SMM Guidelines

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Key SMM	Guidelines
Mask-wearing	<ul style="list-style-type: none">• From 29 Aug 2022, masks is optional for both indoors/outdoors, except for selected healthcare (e.g. polyclinics, TCM/GP clinics, COVID-19 vaccination centres) and public transport settings (e.g. MRT/LRT, public buses and indoor public transport facilities such as indoor bus interchange, underground MRT platform).
Arrive early	<ul style="list-style-type: none">• Arrive early to ensure there is adequate preparation time and collect the attendance register and submit attendance record to CO after the class/activity ends.• If you are unwell, please inform all participants that the class needs to be postponed, see a doctor at a Swab and Send Home (SASH) clinic listed on https://phpc.gov.sg immediately, and stay home. If your assistants/participants are unwell, please inform them to see a doctor at a SASH clinic immediately and stay home.
Key reminders for trainers/IGLs	<ul style="list-style-type: none">• Trainers/Operators must remind participants not to attend event if they feel unwell, and to register for classes/Interest Group activities booking using onePA website and e-kiosk.• Trainers/IGLs are to advise recovered COVID-19 participants to avoid strenuous physical activity or intense exercise (e.g. jogging, swimming, cycling, or sports) for up to 2 weeks after testing positive for COVID-19 by PCR or ART.• Trainers/IGL are to do visual screening of participants for their health status (e.g., any runny nose, coughing) and also verbally check with parents of young participants on their health status before class/activity starts.• If participant displays flu-like symptoms (e.g., runny nose, coughing), request that he/she see a doctor at a Swab and Send Home (SASH) clinic listed on https://phpc.gov.sg immediately. For young participants, please inform the parents to bring his/her child and see a doctor at a SASH clinic immediately and stay home.

2. SMMs for Courses/Interest Groups

Workflow for handling confirmed COVID-19 cases

- Trainers/IGLs are to remind participants to observe the revised Healthcare Protocol changes by referring to www.covid.gov.sg.
- All individuals are to exercise social responsibility and follow Protocol 3, should the person is a close contact of a COVID-19 confirmed case.
- Trainer/IGL are to refer to below table on what to do if trainer/IGL or participant is a Covid-19 confirmed case, tested ART positive, and discuss with CC/RC on who/how to inform participants to monitor own health, see doctor if unwell, and self-test ART before attending next class if required.

Health Condition	To inform organising CC/RC	PCR	ART Frequency	If Trainer/IGL is	If Participant is
PCR+ (Symptomatic) Protocol 1	Yes, within 12 hrs	Yes [see a doctor for assessment]	<ul style="list-style-type: none"> • First day • After 72h 	<ul style="list-style-type: none"> • Follow Protocol 1 (isolate for 7 days if vaccinated or 14 days if unvaccinated) • Class is suspended for 7 days or 14 days based on isolation duration. • If able to find replacement trainer, class may proceed. Participants are to monitor own health for a week, see doctor if unwell, and strongly encouraged to take self-test ART before attending the next class. 	<ul style="list-style-type: none"> • Follow Protocol 1 (isolate for 7 days if vaccinated or 14 days if unvaccinated). • Class may proceed but trainer and other participants are to monitor own health for a week, see doctor if unwell, and strongly encouraged to take self-test ART before attending the next class.
AG+ (Asymptomatic) Protocol 2	Yes, within 12 hrs	No	<ul style="list-style-type: none"> • First day • After 72h 	<ul style="list-style-type: none"> • Follow Protocol 2 (isolate for 72 hours until negative) • Suspend classes for 72 hours • Trainer can resume class if negative ART result is obtained after 72 hours, or after isolation ends (Day 7 for vaccinated/below 12yo, Day 14 for non-vaccinated/partially vaccinated individuals aged 12yo & above). 	<ul style="list-style-type: none"> • Follow Protocol 2 (isolate for 72 hours until negative) • Participant can return to class if negative ART result is obtained after 72 hours, or after isolation ends (Day 7 for vaccinated/below 12yo, Day 14 for non-vaccinated/partially vaccinated individuals aged 12yo & above).

3) Category-Specific SMMs

(Applies to digital productions, live performances during classes/activities, and offsite courses/learning journeys, where applicable)

Note:

1. Trainers/IGLs must obtain prior approval from PA venue owners before utilizing the PA venue for digital production.
2. For offsite courses/learning journeys, trainers/IGLs must obtain prior approval from venue owner and abide by the venue's SMMs, even if over and above prevailing SMMs.

3a). Category-specific SMMs for Courses/Interest Groups (1/2)

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SMM	Course & IG Categories (Categorisation updated as per www.onePA.gov.sg)				
	Education & Enrichment	Health & Wellness	Lifelong Learning	Lifestyle & Leisure	Sports & Fitness
Mask-wearing	<ul style="list-style-type: none"> Mask is optional, unless class/ IG activity held in selected healthcare facilities or public transport settings. 				
Safe distancing, group size	<ul style="list-style-type: none"> Not required 				
Class/ activity size	<ul style="list-style-type: none"> No limit, subject to the prevailing fire safety and room/venue capacity requirements 				
Classroom management	<ul style="list-style-type: none"> Do not shout (applicable to participants, as well as trainers/operators/IGLs) while engaging in physical activities (e.g. sports, dance) as this increases the risk of transmission through droplets. 				
Hygiene	<ul style="list-style-type: none"> Encourage participants to practice good self-hygiene habits (e.g. washing hands with soap before/after class/activity), and set aside time after class/activity for wipe-down. Keep classroom clean & well-ventilated (e.g. keep doors/windows open where possible.) For culinary courses/activities, trainers/IGLs to ensure participants do not touch the food or ingredients/ and assist in the demonstration. Only Trainer's/IGL's Assistant is allowed to assist the trainer/IGL throughout the class/activity for hygiene reasons. Trainers/IGLs are strongly encouraged to wear masks when handling food for participants, taking reference from SFA guidelines, to maintain good hygiene. For classes/IG activities with common equipment/materials, individual sets should be made available, where possible. Ensure thorough sanitizing of common equipment (e.g. props, musical instruments, microphones for karaoke singing classes/activities) between users and classes. 				

3b) PA Playgroup

OFFICIAL (CLOSED)

SMMs for PA Playgroup

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For avoidance of doubt, all PA Playgroup operators are to comply with generic SMMs stated in Pg 3 to 7, on top of below stated SMMs.

Areas	Precautionary Measures
Safe Distancing/ Class Activity	<ul style="list-style-type: none">• Masks is optional for staff and children from 29 Aug.• No safe distancing and group size required. There is no need to maintain a list of participants' names with their groupings.• No capacity limit, subject to the prevailing fire safety and room capacity requirements.
Classroom Management	<ul style="list-style-type: none">• Teaching staff are to conduct daily health checks and temperature screening of themselves, children and visitors for visible unwell symptoms.• Health and temperature checks for staff, children and visitors are to be conducted only during arrival.• Teaching Staff/participants/visitors found to have a temperature $\geq 37.5^{\circ}\text{C}$ or unwell (even though with mild symptoms) are to see a doctor immediately and stay home. Staff/children/visitors who are unwell, regardless of PCR/ART result, will not be allowed to enter the centre unless they have recovered fully (i.e. no symptoms).• Refer to slide #5 for updates on Trainers/staff or participants who are confirmed COVID-19 cases.• As an added precaution, playgroup operators are to notify 2LD within 12hrs via PA Talent Times@pa.gov.sg when trainers/staff or participants are confirmed COVID-19 cases, tested via ART or PCR.• Staff/participant with household members (aged 6 years and above) who are unwell (with fever and/or flu-like symptoms such as cough, runny nose, sore throat, shortness of breath), may return to centre. They are strongly encouraged to have negative ART result for the day, before entering the class.• Visitors on Protocol 1 or 2 are not allowed to enter the class. For close contacts (i.e., on Protocol 3) of Protocol 1 or 2, they are strongly encouraged to have negative ART result for the day, before entering the class.• Staff and children shall continue to practise hand hygiene before and after outdoor activities.• From 29 August 2022, centres may carry out celebrations involving external guests, subject to the following SMMs:<ul style="list-style-type: none">• If a common area is used for the celebration, high touch point areas must be wiped down and disinfected after the event.• If large crowds are expected, centre can advise staff, children and guests to wear masks.• Trainers are strongly encouraged to mask-on when handling food for children and guests.

4) Other useful references

4. Other useful references

Pls refer to respective sector leads for further updates/detailed references on SMMs

- I. [Ministry of Health](#)
- II. [Sport Singapore](#)
- III. [National Arts Council](#) (For music, dance, drama and visual arts courses/activities.)
- IV. [Ministry of Education](#) (For children tuition/enrichment courses.)
- V. [NParks](#) (For outdoor sports & dance)
- VI. [Infocomm & Media Development Agency](#) (For digital production)
- VII. Others: [Sector Specific Requirements \(gobusiness.gov.sg\)](#) (For enrichment)
- VIII. COVID-19 (Temporary Measures) Act 2020 ([Control Orders](#))
- IX. [Infectious Diseases Act](#)
- X. [Revised Healthcare Protocol Changes](#)
- XI. [Ministry of Manpower](#) (Workforce Vaccination Measures)